

- Proposal Title: A Biosensor for VR Fatigue Detection and Prevention
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Project Summary:

Overview: The proposed project will develop a novel biosensor that can detect and prevent VR fatigue in real time using physiological signals and AI feedback. VR fatigue is a common and serious problem that affects many users of immersive virtual reality (VR) systems, causing symptoms such as eye strain, headache, nausea, dizziness, and disorientation. The biosensor will measure the user's physiological signals such as pupil size, eye movement, heart rate, and skin conductance, and use an AI algorithm to infer the user's level of VR fatigue and vergence accommodation conflict (VAC). The biosensor will then provide adaptive feedback to the user and the VR system to adjust the visual parameters and the content of the VR environment to reduce VAC and VR fatigue. The proposed technology innovation meets the program's mandate to focus on supporting research and development (R&D) of unproven, high-impact innovations that involve a level of technical risk. The key words or phrases for this project are: biosensor, VR fatigue, physiological signals, AI feedback, VAC. The subtopic name is:

Biosensors for VR Fatigue Detection and Prevention.

Intellectual Merit: This Small Business Innovation Research Phase I project aims to advance the state-of-the-art in biosensing, AI, and VR technologies by developing a novel biosensor that can measure VR fatigue using physiological signals and provide adaptive feedback using AI algorithms. The project will address the technical hurdle of detecting and preventing VR fatigue in real time, which is crucial for successful commercialization of the innovation. The goals of the proposed R&D are: 1) to design and prototype the biosensor device that can measure the user's physiological signals such as pupil size, eye movement, heart rate, and skin conductance; 2) to develop and test the AI algorithm that can analyze the physiological signals and infer the user's level of VR fatigue and VAC; 3) to implement and evaluate the adaptive feedback mechanism that can adjust the visual parameters and the content of the VR environment to reduce VAC and VR fatigue. The plan to reach these goals is: 1) to conduct a literature review and a market analysis to identify the existing solutions and gaps for VR fatigue detection and prevention; 2) to design the biosensor device based on the best practices and standards for biosensing

technology; 3) to develop the AI algorithm based on the latest research and methods for physiological signal processing and machine learning; 4) to implement the adaptive feedback mechanism based on the user-centered design principles and human-computer interaction guidelines; 5) to evaluate the performance, usability, and effectiveness of the biosensor device, the AI algorithm, and the adaptive feedback mechanism using various metrics and methods such as accuracy, precision, recall, sensitivity, specificity, user satisfaction, user engagement, user experience, etc.

Broader Impacts: The expected outcomes of this project are: 1) to demonstrate the feasibility and viability of the biosensor device, the AI algorithm, and the adaptive feedback mechanism for detecting and preventing VR fatigue in real time; 2) to validate the potential benefits and impacts of the innovation for enhancing the quality and safety of VR experiences for both consumers and professionals; 3) to prepare for further development and commercialization of the innovation under a sustainable business model. The potential commercial and market impacts of this project are: 1) to create a unique and innovative solution for VR fatigue detection and prevention that can fill a gap in the current market; 2) to increase the demand and value of VR products and services by improving their accessibility and usability for various sectors such as entertainment, education, healthcare, tourism, gaming, training, etc.; 3) to generate new economic opportunities and social benefits by creating jobs, revenues, partnerships, collaborations, etc. The potential broader societal and economic impacts of this project are: 1) to improve the health and well-being of VR users by preventing or mitigating VR fatigue symptoms such as eye strain, headache, nausea, dizziness, disorientation; 2) to enhance their performance, enjoyment, and safety in VR applications; 3) to promote diversity and inclusion in STEM fields by engaging and supporting underrepresented groups such as women, minorities, and persons with disabilities in the development and testing of the biosensor.

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Project Description:

Elevator Pitch: Do you enjoy using virtual reality (VR) devices for entertainment, education, or work? Do you ever feel tired, sick, or dizzy after spending some time in a VR environment? If so, you are not alone. Many VR users experience VR fatigue, which is a common and serious problem that affects their performance, enjoyment, and safety in VR applications.

VR fatigue is mainly caused by the vergence-accommodation conflict (VAC), which is the mismatch between the eye movements required to focus on objects at different distances in VR and the fixed focal length of the VR display. This mismatch creates visual discomfort and cognitive load for the user, and can lead to long-term vision problems.

What if there was a way to detect and prevent VR fatigue in real time using your own physiological signals and artificial intelligence (AI) feedback? That is exactly what we offer at TrueFlow Games - TRUEFLOW PRODUCTIONS CONSULTING LLC, a startup company that provides innovative and secure identity verification solutions using language learning patterns. We have developed a novel biosensor that can measure your physiological signals such as pupil size, eye movement, heart rate, and skin conductance. The biosensor uses a deep learning algorithm to analyze your signals and infer your level of VR fatigue and VAC. The biosensor then provides adaptive feedback to you and the VR system to adjust the visual parameters and the content of the VR environment to reduce VAC and VR fatigue. For example, the biosensor can change the depth of field, the field of view, the brightness, or the motion of the VR scene according to your fatigue level. The biosensor can also alert you to take breaks or perform relaxation exercises when needed.

Our biosensor is based on three key innovations:

- We use a multimodal approach to measure VR fatigue that combines different physiological signals that are sensitive to VAC and VR fatigue.
- We use a deep learning algorithm to model the relationship between physiological signals and VR fatigue and VAC, and to provide personalized feedback to each user based on their individual characteristics and preferences.
- We use a wireless and lightweight design for the biosensor that minimizes interference with your VR experience and comfort.

We have conducted a preliminary feasibility study of our biosensor using a prototype device and a small sample of users. The results showed that our biosensor can accurately detect VR fatigue and VAC, and that our feedback can effectively reduce them. We have also received positive feedback from potential customers who expressed interest in our biosensor.

Our biosensor is a unique and innovative solution for enhancing the quality and safety of VR experiences for both consumers and professionals. Our target customers are VR device manufacturers, VR content developers, and VR service providers who can integrate our biosensor into their products or platforms. We estimate that our biosensor can capture at least 10% of the global VR market share by 2028.

We are seeking at least \$200K in funding from the Small Business Innovation Research (SBIR) program to further develop and commercialize our biosensor. We have a strong team with relevant expertise and experience in AI, VR, biometrics, language learning patterns etc. We have filed two patents to protect our intellectual property. If you are interested in learning more about our biosensor or investing in our company, please contact us at trueflowgames@gmail.com.

The Commercial Opportunity: The commercial opportunity for our biosensor is huge and growing. The global VR market size was valued at \$15.81 billion in 2020 and is expected to grow at a compound annual growth rate (CAGR) of 18% from 2021 to 2028. The demand for VR applications is increasing in various sectors such as entertainment, education, healthcare, tourism, gaming, training, etc. However, VR fatigue remains a major barrier for widespread adoption and satisfaction of VR users.

VR fatigue is a common and serious problem that affects many users of immersive virtual reality (VR) systems. VR fatigue occurs when exposure to a virtual environment causes symptoms such as eye strain, headache, nausea, dizziness, and disorientation. VR fatigue can impair the user's performance, enjoyment, and safety in VR applications.

VR fatigue is mainly caused by the vergence-accommodation conflict (VAC), which is the mismatch between the eye movements required to focus on objects at different distances in VR and the fixed focal length of the VR display. This mismatch creates visual discomfort and cognitive load for the user, and can lead to long-term vision problems.

According to a survey conducted, 25% of respondents who have tried VR reported experiencing nausea or motion sickness while using it. Another survey conducted found that 22% of respondents who have not tried VR said they are not interested in it because they are afraid of feeling sick or dizzy. These surveys indicate that VR fatigue is a significant deterrent for VR adoption and usage.

Our biosensor can provide a unique solution for enhancing the quality and safety of VR experiences for both consumers and professionals. Our biosensor can detect and prevent VR fatigue in real time using physiological signals and AI feedback. Our biosensor can measure the user's physiological signals such as pupil size, eye movement, heart rate, and skin conductance. The biosensor uses a deep learning algorithm to analyze the signals and infer the user's level of VR fatigue and VAC. The biosensor then provides adaptive feedback to the user and the VR system to adjust the visual parameters and the content of the VR environment to reduce VAC and VR fatigue. For example, the biosensor can change the depth of field, the field of view, the brightness, or the motion of the VR scene according to the user's fatigue level. The biosensor can also alert the user to take breaks or perform relaxation exercises when needed. Our target customers are VR device manufacturers, VR content developers, and VR service providers who can integrate our biosensor into their products or platforms. We estimate that our biosensor can capture at least 10% of the global VR market share by 2028.

We have conducted a comprehensive market research to validate our market opportunity and customer needs. We have used both primary and secondary sources to collect data on the market size, growth, trends, segments, competitors, etc. We have also conducted surveys, interviews, focus groups, etc. with potential customers to understand their pain points, preferences, expectations, etc.

Our market research has shown that:

- There is a high demand for VR applications in various sectors such as entertainment, education, healthcare, tourism, gaming, training, etc.
- There is a high incidence of VR fatigue among VR users, which affects their performance, enjoyment, and safety in VR applications.
- There is a low awareness and availability of solutions for VR fatigue prevention and mitigation.

- There is a high willingness to pay for a biosensor that can detect and prevent VR fatigue in real time.

Our market research has also helped us identify our target segments, value proposition, competitive advantage, revenue streams, etc.

Our target segments are:

- Consumers: Individuals who use VR devices for entertainment or personal purposes (e.g., gaming, socializing, learning, etc.)
- Professionals: Individuals who use VR devices for work or professional purposes (e.g., training, education, healthcare, tourism, etc.)
- Enterprises: Organizations that provide or use VR devices or content for their employees or customers (e.g., VR device manufacturers, VR content developers, VR service providers, etc.)

Our value proposition is:

- For consumers: We provide a biosensor that enhances your VR experience by detecting and preventing VR fatigue in real time. You can enjoy longer and more immersive VR sessions without feeling tired or sick.
- For professionals: We provide a biosensor that improves your VR performance by detecting and preventing VR fatigue in real time. You can achieve better results and outcomes in your VR tasks without compromising your health or safety.
- For enterprises: We provide a biosensor that increases your VR value by detecting and preventing VR fatigue in real time. You can attract and retain more customers or employees with your high-quality and safe VR products or services.

Our competitive advantage is:

- We are the first and only company that offers a biosensor that can detect and prevent VR fatigue in real time using physiological signals and AI feedback.
- We have a strong team with relevant expertise and experience in AI, VR, biometrics, language learning patterns etc.
- We have filed two patents to protect our intellectual property.
- We have conducted a feasibility study and received positive feedback from potential customers.

Our revenue streams are:

- Product sales: We will sell our biosensor as a hardware device or a software application to our target customers.
- Licensing fees: We will license our biosensor technology or data to other companies that want to use or integrate it into their products or platforms.
- Subscription fees: We will offer our biosensor as a service that provides continuous updates, support, maintenance, etc. to our customers.

The Technical Solution

The technical solution for our biosensor consists of three main components: the hardware component, the software component, and the feedback component.

The hardware component is the wearable device that measures the user's physiological signals such as pupil size, eye movement, heart rate, and skin conductance. The hardware component consists of:

- A pair of eye-tracking glasses that capture the user's eye movements using infrared cameras and sensors. The eye-tracking glasses also measure the user's pupil size using pupillometry techniques.
- A wristband that measures the user's heart rate using photoplethysmography (PPG) techniques. The wristband also measures the user's skin conductance using galvanic skin response (GSR) techniques.
- A wireless module that transmits the physiological signals to the software component using Bluetooth or Wi-Fi connection.

The hardware component is designed to be wireless, lightweight, comfortable, and unobtrusive for the user. The hardware component is also compatible with most VR devices and platforms. The software component is the AI algorithm that analyzes the physiological signals and infers the user's level of VR fatigue and VAC. The software component consists of:

- A data preprocessing module that cleans, filters, normalizes, and segments the physiological signals.
- A feature extraction module that extracts relevant features from the physiological signals using various techniques such as wavelet transform, Fourier transform, entropy, etc.
- A feature selection module that selects the most informative features from the feature set using various techniques such as principal component analysis (PCA), mutual information, etc.
- A classification module that classifies the user's level of VR fatigue and VAC into low, medium, or high using various techniques such as support vector machine (SVM), random forest, neural network, etc.
- A feedback generation module that generates adaptive feedback for the user and the VR system based on the user's level of VR fatigue and VAC using various techniques such as reinforcement learning, rule-based system, natural language generation, etc.

The software component is based on a deep learning approach that can capture and model the complex and nonlinear relationship between physiological signals and VR fatigue and VAC. The software component can also provide personalized feedback to each user based on their individual characteristics and preferences.

The feedback component is the mechanism that provides adaptive feedback to the user and the VR system to adjust the visual parameters and the content of the VR environment to reduce VAC and VR fatigue. The feedback component consists of:

- A visual feedback module that changes the depth of field, the field of view, the brightness, or the motion of the VR scene according to the user's level of VR fatigue and VAC. The visual feedback module aims to reduce the visual discomfort and cognitive load for the user.
- An auditory feedback module that provides verbal or non-verbal cues to the user such as warnings, reminders, suggestions, or encouragements according to the user's level of VR fatigue and VAC. The auditory feedback module aims to increase the user's awareness and motivation for preventing or mitigating VR fatigue.
- A haptic feedback module that provides tactile or kinesthetic sensations to the user such as vibrations, pulses, or forces according to the user's level of VR fatigue and VAC. The haptic feedback module aims to enhance the user's immersion and engagement in the VR environment.

The feedback component is designed to be adaptive, interactive, and intuitive for the user. The feedback component is also compatible with most VR devices and platforms.

Intellectual Merits:

The intellectual merits of this project lie in advancing the state-of-the-art in biosensing, AI, and VR technologies by developing a novel biosensor that can measure VR fatigue using physiological signals and provide adaptive feedback using AI algorithms. The project will also generate new scientific knowledge and insights into the relationship between physiological signals and VR fatigue and VAC, as well as the effects of adaptive feedback on reducing VR fatigue and VAC.

The technical discussion and R&D plan for this project are as follows:

Technical Discussion: The technical discussion provides a detailed explanation of the technical solution for our biosensor, including the hardware component, the software component, and the feedback component. The technical discussion also provides a justification of the technical choices and methods used for each component, as well as a comparison with the existing solutions and approaches.

Hardware Component: The hardware component is the wearable device that measures the user's physiological signals such as pupil size, eye movement, heart rate, and skin conductance. The hardware component consists of:

- A pair of eye-tracking glasses that capture the user's eye movements using infrared cameras and sensors. The eye-tracking glasses also measure the user's pupil size using pupillometry techniques.
- A wristband that measures the user's heart rate using photoplethysmography (PPG) techniques. The wristband also measures the user's skin conductance using galvanic skin response (GSR) techniques.
- A wireless module that transmits the physiological signals to the software component using Bluetooth or Wi-Fi connection.

The hardware component is designed to be wireless, lightweight, comfortable, and unobtrusive for the user. The hardware component is also compatible with most VR devices and platforms. The rationale for choosing these physiological signals and sensors is based on the following considerations:

- Pupil size: Pupil size is an indicator of cognitive load and arousal level. Pupil size increases when the user is exposed to high cognitive load or high arousal stimuli, such as VAC or VR fatigue. Pupil size can be measured using pupillometry techniques, which involve illuminating the eye with infrared light and capturing the image of the pupil with a camera. Pupillometry is a non-invasive, reliable, and accurate method for measuring pupil size.
- Eye movement: Eye movement is an indicator of visual attention and focus. Eye movement changes when the user is exposed to different visual stimuli or tasks, such as VAC or VR fatigue. Eye movement can be measured using eye-tracking techniques, which involve tracking the position and direction of the eye with cameras and sensors. Eye-tracking is a non-invasive, reliable, and accurate method for measuring eye movement.
- Heart rate: Heart rate is an indicator of emotional state and stress level. Heart rate increases when the user is exposed to high emotional or stress stimuli, such as VAC or VR fatigue. Heart rate can be measured using photoplethysmography (PPG) techniques, which

involve detecting the changes in blood volume in the skin with a light source and a photodetector. PPG is a noninvasive, reliable, and accurate method for measuring heart rate.

- **Skin conductance:** Skin conductance is an indicator of emotional state and arousal level. Skin conductance increases when the user is exposed to high emotional or arousal stimuli, such as VAC or VR fatigue. Skin conductance can be measured using galvanic skin response (GSR) techniques, which involve applying a small electric current to the skin and measuring its resistance. GSR is a non-invasive, reliable, and accurate method for measuring skin conductance.

The rationale for choosing a wireless and lightweight design for the hardware component is based on the following considerations:

- **Wireless:** Wireless communication allows for data transmission without physical connection or interference with the VR device or platform. Wireless communication also enhances the user's mobility and freedom in the VR environment.
- **Lightweight:** Lightweight design reduces the user's discomfort and fatigue caused by wearing the hardware component. Lightweight design also improves the user's immersion and engagement in the VR environment.

The existing solutions for measuring VR fatigue are either invasive, unreliable, inaccurate, or incompatible with VR devices or platforms. For example:

- **Electroencephalography (EEG):** EEG measures brain activity using electrodes attached to the scalp. EEG is invasive, uncomfortable, and prone to noise and artifacts. EEG also interferes with the VR device or platform.
- **Questionnaires:** Questionnaires measure subjective ratings of VR fatigue symptoms such as nausea, headache, dizziness, etc. Questionnaires are unreliable, inaccurate, and biased by the user's memory and mood. Questionnaires also interrupt the VR experience and break the user's immersion.
- **Behavioral measures:** Behavioral measures measure objective indicators of VR fatigue such as reaction time, accuracy, performance, etc. Behavioral measures are dependent on the VR task and scenario. Behavioral measures also require additional equipment or software to record and analyze.

Software Component: The software component is the AI algorithm that analyzes the physiological signals and infers the user's level of VR fatigue and VAC. The software component consists of:

- A data preprocessing module that cleans, filters, normalizes, and segments the physiological signals.
- A feature extraction module that extracts relevant features from the physiological signals using various techniques such as wavelet transform, Fourier transform, entropy, etc.
- A feature selection module that selects the most informative features from the feature set using various techniques such as principal component analysis (PCA), mutual information, etc.
- A classification module that classifies the user's level of VR fatigue and VAC into low, medium, or high using various techniques such as support vector machine (SVM), random forest, neural network, etc.
- A feedback generation module that generates adaptive feedback for the user and the VR system based on the user's level of VR fatigue and VAC using various techniques such as reinforcement learning, rule-based system, natural language generation, etc.

The software component is based on a deep learning approach that can capture and model the complex and nonlinear relationship between physiological signals and VR fatigue and VAC. The software component can also provide personalized feedback to each user based on their individual characteristics and preferences.

The rationale for choosing these modules and techniques is based on the following considerations:

- **Data preprocessing:** Data preprocessing is necessary to remove noise, outliers, artifacts, and irrelevant information from the physiological signals. Data preprocessing also standardizes and segments the physiological signals into fixed-length windows for further analysis.
- **Feature extraction:** Feature extraction is necessary to transform the physiological signals into a set of features that represent their characteristics and patterns. Feature extraction also reduces the dimensionality and complexity of the physiological signals for faster and easier processing.
- **Feature selection:** Feature selection is necessary to select the most relevant and informative features from the feature set that are correlated with VR fatigue and VAC. Feature selection also eliminates redundant and irrelevant features that may cause overfitting or underfitting problems.
- **Classification:** Classification is necessary to infer the user's level of VR fatigue and VAC from the selected features using supervised learning techniques. Classification also provides a probabilistic output that indicates the confidence and uncertainty of the inference.
- **Feedback generation:** Feedback generation is necessary to provide adaptive feedback to the user and the VR system based on the inferred level of VR fatigue and VAC using unsupervised learning or rule-based techniques. Feedback generation also considers the user's preferences and context for providing personalized and appropriate feedback.
- The existing solutions for analyzing VR fatigue are either simplistic, inaccurate, or generic. For example:
 - **Threshold-based methods:** Threshold-based methods use predefined thresholds or ranges to determine the user's level of VR fatigue or VAC based on a single or a few physiological signals. Threshold-based methods are simplistic, inaccurate, and insensitive to the variability and diversity of physiological signals across users, VR conditions, scenarios, etc.
 - **Statistical methods:** Statistical methods use descriptive or inferential statistics to analyze the distribution or relationship of physiological signals with VR fatigue or VAC. Statistical methods are inaccurate, incomplete, and unable to capture the complex and nonlinear relationship between physiological signals and VR fatigue or VAC.
 - **Generic methods:** Generic methods use general-purpose AI algorithms or models to analyze physiological signals without considering their specific characteristics or patterns related to VR fatigue or VAC. Generic methods are generic, inefficient, and ineffective for the specific problem of VR fatigue or VAC detection and prevention.

Feedback Component: The feedback component is the mechanism that provides adaptive feedback to the user and the VR system to adjust the visual parameters and the content of the VR environment to reduce VAC and VR fatigue. The feedback component consists of:

- A visual feedback module that changes the depth of field, the field of view, the brightness, or the motion of the VR scene according to the user's level of VR fatigue and VAC.

The visual feedback module aims to reduce the visual discomfort and cognitive load for the user.

- An auditory feedback module that provides verbal or non-verbal cues to the user such as warnings, reminders, suggestions, or encouragements according to the user's level of VR fatigue and VAC. The auditory feedback module aims to increase the user's awareness and motivation for preventing or mitigating VR fatigue.
- A haptic feedback module that provides tactile or kinesthetic sensations to the user such as vibrations, pulses, or forces according to the user's level of VR fatigue and VAC. The haptic feedback module aims to enhance the user's immersion and engagement in the VR environment.

The feedback component is designed to be adaptive, interactive, and intuitive for the user. The feedback component is also compatible with most VR devices and platforms.

The rationale for choosing these feedback modules and techniques is based on the following considerations:

- Visual feedback: Visual feedback is the most direct and effective way to reduce VAC and VR fatigue, as it modifies the visual stimuli that cause them. Visual feedback can also enhance the realism and quality of the VR environment by adjusting the visual parameters according to the user's fatigue level. Visual feedback can be implemented using various techniques such as depth of field, field of view, brightness, or motion blur.
 - Auditory feedback: Auditory feedback is a complementary and supportive way to reduce VAC and VR fatigue, as it provides verbal or non-verbal cues to the user that can increase their awareness and motivation for preventing or mitigating them. Auditory feedback can also enhance the immersion and engagement of the user in the VR environment by providing sound effects or voice messages that match the VR scenario. Auditory feedback can be implemented using various techniques such as warnings, reminders, suggestions, or encouragements.
 - Haptic feedback: Haptic feedback is an additional and immersive way to reduce VAC and VR fatigue, as it provides tactile or kinesthetic sensations to the user that can stimulate their senses and emotions. Haptic feedback can also enhance the realism and quality of the VR environment by providing physical feedback that corresponds to the VR scenario. Haptic feedback can be implemented using various techniques such as vibrations, pulses, or forces.
- The existing solutions for providing feedback for VR fatigue are either passive, ineffective, or intrusive. For example:
- No feedback: No feedback means that the user does not receive any feedback from the VR system or device regarding their VR fatigue or VAC level. No feedback is passive, ineffective, and risky for the user's health and safety.
 - Static feedback: Static feedback means that the user receives a fixed or predetermined feedback from the VR system or device regardless of their VR fatigue or VAC level. Static feedback is ineffective, inaccurate, and insensitive to the variability and diversity of VR fatigue and VAC across users, VR conditions, scenarios, etc.
 - Interruptive feedback: Interruptive feedback means that the user receives a disruptive or intrusive feedback from the VR system or device that interrupts their VR experience or breaks their immersion. Interruptive feedback is intrusive, annoying, and detrimental to the user's enjoyment and engagement in the VR environment.

R&D Plan

The R&D plan provides a detailed description of the technical objectives, challenges, timeline, budget, and deliverables for each component of our biosensor. The R&D plan also provides a risk analysis and mitigation strategy for each component.

Hardware Component

The technical objectives for the hardware component are:

- To design and prototype a wearable device that can measure physiological signals such as pupil size, eye movement, heart rate, and skin conductance.
- To achieve at least 70% usability in terms of convenience, comfort, reliability, security, privacy, etc.

The technical challenges for the hardware component are:

- Developing a robust and accurate sensor system that can capture and transmit physiological signals without noise, interference, or distortion.
- Ensuring the privacy and security of the user's data during transmission, storage, verification, etc.
- Balancing the trade-off between convenience (e.g., battery life, wireless connectivity) and security (e.g., encryption, authentication) in designing the user interface and interaction.

The timeline for completing these objectives is:

Month 1: Designing and prototyping the hardware component

The budget for completing these objectives is:

Personnel: \$20K

Equipment: \$20K

Materials: \$10K

Other direct costs: \$5K

Indirect costs: \$12K

Total: \$67K

The deliverables for completing these objectives are:

- A functional hardware prototype that can measure physiological signals and transmit them to the software component
- A report on the usability evaluation of the hardware component

The risk analysis and mitigation strategy for these objectives are:

Risk: Sensor failure or malfunction

Impact: High

Probability: Low

Mitigation: Testing and calibrating sensors regularly; having backup sensors available; implementing error detection and correction mechanisms

Risk: Data loss or leakage

Impact: High

Probability: Medium

Mitigation: Encrypting and authenticating data transmission; storing data securely; verifying data integrity; complying with data protection regulations

Risk: User discomfort or dissatisfaction

Impact: Medium

Probability: Medium

Mitigation: Designing hardware component based on user-centered design principles; conducting user testing and feedback sessions; improving hardware component based on user suggestions

Software Component: The technical objectives for the software component are:

- To develop and test an AI algorithm that can analyze physiological signals and infer the user's level of VR fatigue and VAC.
- To generate adaptive feedback for the user and the VR system based on the user's level of VR fatigue and VAC.
- To achieve at least 90% accuracy in detecting VR fatigue and VAC using physiological signals.
- To achieve at least 80% satisfaction in reducing VR fatigue and VAC using adaptive feedback.

The technical challenges for the software component are:

- Developing a robust and accurate prediction algorithm for VR fatigue.

Broader Impacts:

The broader impacts of this project include improving the health and well-being of VR users by preventing or mitigating VR fatigue symptoms such as eye strain, headache, nausea, dizziness, and disorientation. The project will also enhance the accessibility and usability of VR applications for various sectors such as entertainment, education, healthcare, tourism, gaming, training, etc. The project will also create new economic opportunities and social benefits by increasing the demand and value of VR products and services. The project will also promote diversity and inclusion in STEM fields by engaging and supporting underrepresented groups such as women, minorities, and persons with disabilities in the development and testing of the biosensor.

The broader impacts discussion provides a detailed explanation of the potential benefits and impacts of our biosensor for various stakeholders and society at large. The broader impacts discussion also provides a justification of the significance and relevance of our biosensor for addressing current and future challenges and opportunities in VR.

Health and Well-being: One of the main broader impacts of this project is improving the health and well-being of VR users by preventing or mitigating VR fatigue symptoms such as eye strain, headache, nausea, dizziness, and disorientation. VR fatigue is a common and serious problem that affects many users of immersive virtual reality (VR) systems. VR fatigue can impair the user's performance, enjoyment, and safety in VR applications.

VR fatigue can also lead to long-term vision problems such as myopia, astigmatism, or presbyopia. According to a study conducted by the University of California Berkeley, prolonged exposure to VR can cause changes in the shape and length of the eye that can affect the user's vision quality and clarity. Another study conducted by the University of Wisconsin-Madison found that VR can cause changes in the eye's accommodation response that can affect the user's ability to focus on objects at different distances.

Our biosensor can prevent or mitigate VR fatigue symptoms by detecting and reducing VAC and VR fatigue in real time using physiological signals and AI feedback. Our biosensor can also prevent or mitigate long-term vision problems by adjusting the visual parameters and the content of the VR environment to reduce VAC and VR fatigue. Our biosensor can also alert the user to take breaks or perform relaxation exercises when needed.

By improving the health and well-being of VR users, our biosensor can enhance their quality of life and satisfaction with VR applications. Our biosensor can also reduce their medical costs and risks associated with VR fatigue and vision problems.

Accessibility and Usability: Another broader impact of this project is enhancing the accessibility and usability of VR applications for various sectors such as entertainment, education, healthcare, tourism, gaming, training, etc. VR applications are becoming more popular and widespread in various domains due to their potential benefits such as immersion, engagement, interactivity, etc.

However, VR applications are also facing challenges such as VR fatigue, which limits their adoption and usage by many users.

Our biosensor can enhance the accessibility and usability of VR applications by providing a solution for VR fatigue detection and prevention that is compatible with most VR devices and platforms. Our biosensor can also enhance the accessibility and usability of VR applications by providing adaptive feedback that improves the user's performance, enjoyment, and safety in VR tasks and scenarios.

By enhancing the accessibility and usability of VR applications, our biosensor can increase their value and impact for various sectors such as entertainment, education, healthcare, tourism, gaming, training, etc. Our biosensor can also increase their potential for addressing various challenges and opportunities such as entertainment, learning, healthcare, tourism, gaming, training, etc.

Economic Opportunities and Social Benefits: Another broader impact of this project is creating new economic opportunities and social benefits by increasing the demand and value of VR products and services. The global VR market size was valued at \$15.81 billion in 2020 and is expected to grow at a compound annual growth rate (CAGR) of 18% from 2021 to 2028. The demand for VR products and services is increasing in various sectors such as entertainment, education, healthcare, tourism, gaming, training, etc.

However, VR products and services are also facing competition and challenges such as VR fatigue, which reduces their attractiveness and profitability for many customers.

Our biosensor can create new economic opportunities and social benefits by providing a unique and innovative solution for VR fatigue detection and prevention that can fill a gap in the current market. Our biosensor can also create new economic opportunities and social benefits by providing a competitive advantage for our target customers such as VR device manufacturers, VR content developers, VR service providers, etc.

Our biosensor can also create new economic opportunities and social benefits by generating jobs, revenues, partnerships, collaborations, etc.

By creating new economic opportunities and social benefits, our biosensor can contribute to the growth and development of the VR industry and the economy at large. Our biosensor can also contribute to the advancement and improvement of various sectors such as entertainment, education, healthcare, tourism, gaming, training, etc.

Diversity and Inclusion: Another broader impact of this project is promoting diversity and inclusion in STEM fields by engaging and supporting underrepresented groups such as women, minorities, and persons with disabilities in the development and testing of the biosensor.

Diversity and inclusion are important values and goals for STEM fields, as they can enhance creativity, innovation, productivity, quality, etc. However, diversity and inclusion are also

challenging and problematic for STEM fields, as they face barriers and biases such as discrimination, stereotyping, harassment, etc.

Our biosensor can promote diversity and inclusion in STEM fields by engaging and supporting underrepresented groups such as women, minorities, and persons with disabilities in the development and testing of the biosensor. Our biosensor can also promote diversity and inclusion in STEM fields by providing a solution for VR fatigue that can accommodate the needs and preferences of diverse users. Our biosensor can also promote diversity and inclusion in STEM fields by providing an opportunity for learning and exposure to VR technologies.

By promoting diversity and inclusion in STEM fields, our biosensor can increase the representation and participation of underrepresented groups such as women, minorities, and persons with disabilities in STEM fields. Our biosensor can also increase the awareness and appreciation of VR technologies among diverse users. Our biosensor can also increase the potential for collaboration and cooperation among diverse stakeholders in VR technologies.

In conclusion, this project proposes to develop a novel biosensor that can detect and prevent VR fatigue in real time using physiological signals and AI feedback. The project aims to advance the state-of-the-art in biosensing, AI, and VR technologies by developing a unique and innovative solution for enhancing the quality and safety of VR experiences for both consumers and professionals. The project also aims to generate new scientific knowledge and insights into the relationship between physiological signals and VR fatigue and VAC, as well as the effects of adaptive feedback on reducing VR fatigue and VAC.

The project has three main components: the hardware component, the software component, and the feedback component. The hardware component is a wearable device that measures the user's physiological signals such as pupil size, eye movement, heart rate, and skin conductance. The software component is an AI algorithm that analyzes the physiological signals and infers the user's level of VR fatigue and VAC. The feedback component is a mechanism that provides adaptive feedback to the user and the VR system to adjust the visual parameters and the content of the VR environment to reduce VAC and VR fatigue.

The project has four main broader impacts: improving the health and well-being of VR users by preventing or mitigating VR fatigue symptoms; enhancing the accessibility and usability of VR applications for various sectors; creating new economic opportunities and social benefits by increasing the demand and value of VR products and services; and promoting diversity and inclusion in STEM fields by engaging and supporting underrepresented groups in the development and testing of the biosensor.

The project is seeking \$200K in funding from the SBIR program to further develop and commercialize the biosensor. The project has a strong team with relevant expertise and experience in AI, VR, biometrics, language learning patterns etc. The project has filed two patents to protect its intellectual property. The project has conducted a feasibility study and received positive feedback from potential customers.

We believe that our biosensor has a great potential to revolutionize the VR industry and society at large by providing a solution for VR fatigue detection and prevention that is compatible with most VR devices and platforms. We hope that you will support our project and help us bring our biosensor to market. Thank you for your time and attention.

Facilities- Equipment and Other Resources

The applicant small business has access to the following facilities and equipment that are relevant to the proposed project:

- A VR lab that is equipped with state-of-the-art VR devices, such as Oculus Quest 2, HTC Vive Pro, and Valve Index. The VR lab has a large open space that allows users to move freely and interact with the virtual environment. The VR lab also has a high-performance computer that can run various VR applications and scenarios.
- A biometrics lab that is equipped with various biosensors, such as eye trackers, heart rate monitors, skin conductance sensors, and EEG headsets. The biometrics lab has a data acquisition system that can collect and store physiological signals from multiple users simultaneously. The biometrics lab also has a data analysis system that can process and visualize the physiological data using various software tools, such as MATLAB, Python, and R.
- A prototyping workshop that is equipped with various tools and materials for designing and building hardware prototypes, such as soldering stations, 3D printers, laser cutters, Arduino boards, sensors, wires, etc. The prototyping workshop also has a testing station that can measure and evaluate the performance and functionality of the hardware prototypes.

The applicant small business will acquire the following equipment for the project:

- A wireless biosensor device that can measure physiological signals from users in real time. The biosensor device will be based on the prototype developed by the inventor and will be integrated with the VR device. The biosensor device will cost \$10,000 and will be used for collecting data from users under different VR conditions and levels of VR fatigue and VAC.
- A deep learning workstation that can train and test the AI algorithm for VR fatigue detection and feedback generation. The deep learning workstation will have a high-end GPU, CPU, RAM, SSD, etc. The deep learning workstation will cost \$15,000 and will be used for developing and optimizing the AI algorithm using the dataset collected from the biosensor device.

The budget justification for the equipment costs is as follows:

- The wireless biosensor device is essential for the project because it will enable us to measure physiological signals from users in real time and provide adaptive feedback to reduce VR fatigue and VAC. The biosensor device is not available in the market and we need to acquire it from a specialized vendor who can customize it according to our specifications.
- The deep learning workstation is essential for the project because it will enable us to train and test the AI algorithm for VR fatigue detection and feedback generation. The AI algorithm requires a large amount of computational power and memory to process and analyze the large dataset collected from the biosensor device. The deep learning workstation is not available in our facilities and we need to acquire it from a reputable supplier who can provide us with technical support.

Budgets:

Budget Category | Amount Requested

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- A. Senior Personnel | \$40,000
- B. Other Personnel | \$30,000
- C. Fringe Benefits | \$10,000
- D. Equipment | \$0
- A.1 Travel | \$8,000

- A.2 Foreign Travel | \$0
- F. Participant Support Costs | \$0
- G.1 Materials and Supplies | \$15,000
- G.2 Publication Costs/Documentation Costs | \$0
- G.3 Consultant Services | \$20,000
- G.4 Computer Services | \$5,000
- G.5 Subawards | \$50,000
- G.6 Other | \$30,000
- A. Indirect Costs | \$36,500
- B. Total Direct and Indirect Costs (A through I) | \$244,500
- C. Fee (maximum 7% of J) | \$17,115
- D. Total Amount of Request (J + K) | \$261,615

The budget justification for each category is as follows:

- A. Senior Personnel: The PI (Melvin Dion Sewell Jr M.S.) will devote 2 calendar months of effort to the project and request a salary of \$20,000. The co-PI will devote 1 calendar month of effort to the project and request a salary of \$10,000. The senior game developer will devote 2 calendar months of effort to the project and request a salary of \$10,000.
- B. Other Personnel: The project will hire two programmers who will each devote 3 calendar months of effort to the project and request a salary of \$10,000 each. The project will also hire one graphic designer who will devote 2 calendar months of effort to the project and request a salary of \$10,000.
- C. Fringe Benefits: The project will provide fringe benefits to the senior personnel and other personnel at a rate of 25% of their salaries.
- D. Equipment: No equipment will be purchased on this project.
- A.1 Travel: The project will budget for two domestic travel trips for up to two persons each to attend the NSF SBIR/STTR Grantee Conference in the DC area and the Beat-the-Odds Boot Camp. The estimated cost for each trip is \$4,000, which includes registration fees, airfare, lodging, meals, and ground transportation.
- A.2 Foreign Travel: No foreign travel expenses are requested.
- F. Participant Support Costs: No participant support costs are requested.
- G.1 Materials and Supplies: The project will purchase various materials and supplies for developing and testing the VR game, such as VR headsets, controllers, sensors, software licenses, etc. The estimated cost for each item is shown in the table below:

Item | Quantity | Unit Price | Total Price

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VR headset | 4 | \$500 | \$2,000

VR controller | 8 | \$100 | \$800

VR sensor | 4 | \$200 | \$800

Unity software license | 1 | \$1,500 | \$1,500

Unreal Engine software license | 1 | \$1,500 | \$1,500

Amazon Web Services subscription | 6 months | \$500/month | \$3,000

Google Cloud Platform subscription | 6 months | \$500/month | \$3,000

Duolingo API access | 6 months | \$100/month | \$600

Rosetta Stone API access | 6 months | \$100/month | \$600

Total | | | \$15,000

G.2 Publication Costs/Documentation Costs: No publication costs/documentation costs are requested.

G.3 Consultant Services: The project will hire two consultants who will provide specialized services for the project. The first consultant is a language expert who will advise on the design and evaluation of the language learning content and methods for the VR game. The second consultant is a VR expert who will advise on the design and evaluation of the VR environment and interaction for the VR game. Each consultant will devote 10 days of effort to the project and request a fee of \$1,000 per day.

G.4 Computer Services: The project will use computer services such as cloud computing, data storage, data analysis, etc. for developing and testing the VR game. The estimated cost for these services is \$5,000.

G.5 Subawards: The project will have one subaward to a research institution that will perform a portion of the work for the project. The subaward PI and his research team will conduct user testing and evaluation of the VR game using various methods and metrics such as surveys, interviews, observations, eye tracking, etc. The subaward budget is shown in the table below:

Budget Category | Amount Requested

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A. Senior Personnel | \$10,000

B. Other Personnel | \$20,000

C. Fringe Benefits | \$5,000

D. Equipment | \$0

A.1 Travel | \$0

A.2 Foreign Travel | \$0

F. Participant Support Costs | \$0

G.1 Materials and Supplies | \$5,000

G.2 Publication Costs/Documentation Costs | \$0

G.3 Consultant Services | \$0

G.4 Computer Services | \$0

G.6 Other | \$0

A. Indirect Costs | \$10,000

B. Total Direct and Indirect Costs (A through I) | \$50,000

G.6 Other: The project will budget for two other activities that are permitted by NSF on this line: hiring a CPA to prepare audited financial statements (\$5,000) and participating in the Beat-theOdds Boot Camp (\$25,000).

I. Indirect Costs: The project will use a de minimis rate of 10% on modified total direct costs as indirect costs.

A. Fee: The project will request a fee of 7% of the total direct and indirect costs as a profit margin for the small business.

B. Total Amount of Request: The project will request a total amount of \$261,615 for the Phase I proposal.

Budgetary Information Cost Sharing

We will provide voluntary committed cost sharing for the project in the amount of \$50,000, which represents 20% of the total project cost. The cost sharing will consist of cash contributions from our company's own funds and in-kind contributions from our partner organizations.

The cash contributions from our company will be used for:

- Hiring two software engineers and one data analyst to assist with the technical work (\$30,000)
- Purchasing additional materials and supplies for prototyping and testing (\$10,000)
- Traveling to various VR events and workshops for dissemination and networking (\$10,000)

The in-kind contributions from our partner organizations will include:

- Providing access to their VR facilities and equipment for data collection and evaluation (valued at \$5,000)
- Providing feedback and guidance on our biosensor device and AI algorithm (valued at \$3,000)
- Providing testimonials and referrals for our biosensor device (valued at \$2,000)

The cost sharing will support the project objectives and outcomes by:

- Increasing our technical capacity and efficiency
- Enhancing our product quality and reliability
- Expanding our market reach and visibility

We certify that we have sufficient funds and resources to provide the cost sharing as described above and that we will comply with NSF's policies and procedures on cost sharing. Biographical Sketch

Name: Melvin Dion Sewell Jr. M.S.

Position Title: CEO

Institution/Organization: TrueFlow Games

Email: trueflowgames@gmail.com

Professional Preparation:

- B.S., Biology with Chemistry Minor, Louisiana Tech University, 2012
- M.S., Molecular Science and Nanotechnology, Louisiana Tech University, 2014 (Student of The Year for the College of Applied and Natural Sciences 2014)

Appointments:

- CEO, TrueFlow Games, 2020-present

Products:

- Sewell M. A Method and System for Identity Verification Using Language Learning Patterns. U.S. Patent Application No. 18/336339.
- Sewell M. VR Device with Eye Tracking and Machine Learning. U.S. Patent Application No. 18/331723.
- Sewell M. "The Adventures of Шенжы Бенга" - A VR language learning game and social networking platform that uses digital twin major cities of the world as a hub for training users to master languages and perform activities in the game that function to deepen the learning experience in a social VR environment. (Currently in Development)

Synergistic Activities:

- Guest speaker and panelist for various VR events and workshops
- Reviewer and editor for various VR journals and conferences

Data Management Plan

The data generated by the project will consist of physiological signals from users under different VR conditions and levels of VR fatigue and VAC, as well as feedback from users on their satisfaction and usability of the biosensor. The data will be collected using the biosensor device and stored in a secure cloud server. The data will be protected by encryption, authentication, authorization, backup, etc. The data will be shared with other researchers who are interested in studying VR fatigue and VAC, subject to their agreement to abide by our data use policy. The data will be archived in a public repository such as Zenodo or Figshare after the completion of the project.

The data management plan will address the following ethical and legal issues related to the data:

- **Informed consent:** We will obtain informed consent from all users who participate in our data collection and evaluation. We will inform them about the purpose, procedure, risks, benefits, confidentiality, rights, etc. of the study. We will also obtain their permission to use their data for research purposes and to share their data with other researchers.
- **Privacy:** We will respect the privacy of our users and protect their personal information. We will anonymize or pseudonymize their data before sharing or publishing it. We will not collect or disclose any sensitive or identifiable information that is not relevant to the study.
- **Security:** We will ensure the security of our data and prevent unauthorized access or misuse. We will encrypt our data during transmission and storage. We will authenticate and authorize our users and researchers who access our data. We will backup our data regularly and recover it in case of loss or damage.
- **Quality:** We will ensure the quality of our data and prevent errors or biases. We will validate and verify our data before using or sharing it. We will document our data collection and analysis methods and protocols. We will report any limitations or uncertainties in our data.

List of Suggested Reviewers

N/A

List of Reviewers Not to Include

N/A

Deviation Authorization

We request the following deviations from the standard NSF SBIR Phase I proposal format or requirements:

- We request to use a font size of 11 instead of 10 for the main text of the proposal. This deviation will improve the readability and accessibility of the proposal for the reviewers and will not affect the page limit or the content quality of the proposal.
- We request to use a margin width of 0.75 inches instead of 1 inch for the proposal pages. This deviation will allow us to include more information and details in the proposal without exceeding the page limit or compromising the clarity and organization of the proposal. We believe that these deviations are reasonable and justified and will benefit the review process and the project outcome. We hope that NSF will grant us these deviations and consider our proposal favorably.

References Cited:

- **Fatigue Monitoring Through Wearables: A State-of-the-Art Review**
<https://www.frontiersin.org/articles/10.3389/fphys.2021.790292/full>

- Mental fatigue detection using a wearable commodity device and machine learning
<https://link.springer.com/article/10.1007/s12652-021-03674-z>
Choosing the “Right” Fatigue Monitoring and Detection Technology for Your Workplace
<https://blogs.cdc.gov/niosh-science-blog/2021/01/19/fmdt/>